

# HHF's Dre: Hip Hop Combo 1 worksheet

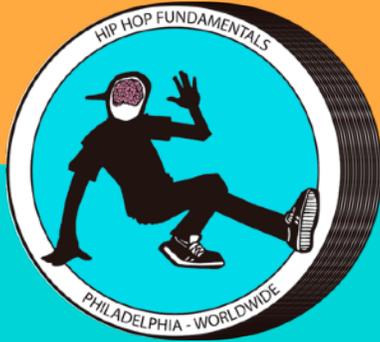
If you haven't watched it yet, click [HERE](#) to see the video!



Dre is a Teaching Artist with Hip Hop Fundamentals. She is one of our newest members, joining in 2019. She has been dancing since she was 7 years old and is proficient in many styles of Hip Hop dance, including Breaking. The style of dance she teaches in this video is called 'Old School' Hip Hop and has a lot of standing-up moves. Watch the video, dance along at home and then answer the questions below to show what you have learned!



Hi, my name is B-Girl Dre. I live in Philadelphia, Pennsylvania. I perform and teach with Hip Hop Fundamentals. My favorite dance move is back shuffles, and my favorite food is French fries!



## what did you learn?

### Quiz:

1. In the video, Dre taught you some basic Hip Hop steps. Which one is named after a famous cartoon character?
2. Which of the Hip Hop steps you learned is named after a type of toy?
3. The very first step in the routine starts with which leg: Right or Left?
4. How many Cross Steps are in the routine? What should your arms do in a cross step?
5. How many Back Steps are in the routine? What should your arms do in a back step?



## challenge: make a video

For this challenge, you can choose from one of these 2 options:

1. Make a video of yourself doing Dre's Hip Hop combo 3 times in a row to any music you like.
2. Make a video of yourself freestyling, dancing however you like. BUT your dance must include at least TWO moves which you learned from Dre.

Send your videos to your schoolteacher, and good luck!



**CLICK [HERE](#) TO SEE ANOTHER SECRET VIDEO!**

We always say to make the movement YOUR OWN, to put your personality into the moves. But what does that look like? Find the link to the secret video to see a dance legend, Buddha Stretch, show one of the moves you learned performed to a mastery level. Which move is it? What does he do with his body to add style?