

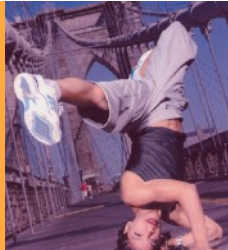


HHF WORKSHEET: The Freshest Kids



If you haven't watched it yet, click [HERE](#) to see the video!

This snippet from a full documentary gives a good explanation of how Breakdancing is a major part of Hip Hop Culture. You heard from many famous Hip Hop pioneers and saw a lot of dancing. We hope you were inspired to start dancing on your own and making up your own moves. But if you want to be a B-Boy or a B-Girl, you also have to know your History! Let's find out what you learned from The Freshest Kids.



B-Girl Rokafella, NYC



what did you learn?

Quiz:



This Jamaican American is the first Hip Hop DJ. What is his name?

1. What is another more correct term for a Breakdancer?
2. Where in America did Hip Hop culture begin?
3. What dance moves did you recognize?
4. What did you learn about what the B in B-Boy or B-Girl could stand for?
5. What part of the record or song do B-Boys and B-Girls usually dance to?
6. Long-Form assignment: why do you think Hip Hop Culture began? What did you learn about the reasons behind Hip Hop from the video? Your answer can be in a short paragraph, a poem, a drawing, or even a dance!



challenge: make a video

Film a video of you doing a solo which you would use in a Breaking Battle. You should include standing up moves (toprock) on the ground moves (footwork) and taunting, funny, or aggressive moves (burns).

Need inspiration? What does a current Breaking Battle look like? Click on the secret link to see B-Boy BoxWon (HHF teaching artist) battle in California in 2020. If you're creative, you may be able to modify some of the moves you see and make them your own.

Send your videos to your schoolteacher, and good luck!



B-Boy BoxWon, Philadelphia